

CYO 2021 Daily Health Self-Screening Requirements

And at Home Daily Checklist for Parish Volunteers, Coaches, Officials, Parents, Children and Spectators.

All CYO Parish Volunteers, Coaches, Officials Parents, Children and Spectators will need to complete a daily health self-check by answering the questions listed below and by taking their own temperatures each day prior to entering the facility or being on the parish property. A parent or guardian is responsible for completing the daily screening on behalf of their child(ren). **Self-Screening:**

Below are the updated self-screening questions that CYO parish volunteers, coaches, officials, parents, children and spectators are required to answer daily. If the answers are “No” to all of the following questions, individuals may enter the facility, if you answer yes please contact your parish coordinator.

- a) **If you are not yet fully vaccinated, have you been in close or proximate contact in the past 10 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19?**
- b) **Are you waiting for the results of or have you tested positive through a diagnostic test for COVID-19 in the past 10 days?**
- c) **Do you have at least one of the following symptoms: cough, shortness of breath, difficulty breathing, new loss of taste or smell?**
- d) **Do you have at least any of the following symptoms: fever (over 100.0°F or subjective), chills, rigors (shivers), muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion, runny nose?**

If you answer YES to any of these questions on any given day, you or your child may not enter the facility. Contact a medical professional for guidance and notify your parish coordinator and school principal.

Depending upon the answers to the screening questions, you or your child may need to receive medical clearance and a negative COVID test to return to practice/game activity. If you or your child is sick with a common cold or other ailment not related to COVID-19 and has an approved alternative diagnoses they should stay home until symptoms subside and you or your child (ren) fever free without the aid of a temperature reducing drug.

International & Domestic Travel Vaccinated & Unvaccinated Follow CDC Guidance

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

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By signing below and submitting this form, you acknowledge that you read the above will comply with all requirements and received the attached updated daily checklist that you will complete it each day of practice or competition for yourself or your child (ren) for the 2021-2022 season.

Signature of Parent or Guardian _____ Date: _____

Participant Name _____ Grade: _____

- PLEASE KEEP THIS PAGE AT HOME ON YOUR COUNTER OR BY THE DOOR- DO NOT RETURN
FOLLOW THESE GUIDELINES EACH DAY TO DETERMINE IF YOUR CHILD IS ABLE TO ATTEND
CYO ACTIVITIES

Parents should take their child's temperature every day before their child leaves for practice/competition. If your child has a fever of 100.0 or over, your child should be kept home from CYO activity. A fever is a key symptom of COVID-19. You should ask your child if he/she has any other symptoms of COVID-19 (see below). If your child complains of these symptoms or has a fever, or you answer yes to a question in section two, please, keep them home, call your child's doctor and contact their school to report your child's absence and do not attend any CYO activities. **If your child is sick with a common cold or other ailment your child should stay home until symptoms subside and they are fever free. Those with symptoms must be tested for COVID-19 before returning to school and CYO activity.**

SECTION 1: Symptoms

Before you or your child leaves for CYO activity – Consider all that apply:

_____ fever or chills – Is fever 100.0°F or higher?

_____ sore throat, congestion, or runny nose?

_____ new or worsening cough that cause's difficulty breathing?(If your child has chronic allergies, or an asthmatic cough, is there a change in their cough from baseline?)

_____ diarrhea, nausea, or vomiting?

_____ onset of severe headache, especially with a fever?

_____ fatigue, muscle or body aches; loss of taste or smell?

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. This list does not include all possible symptoms. CDC will continue to update this list as they learn more about COVID-19. <https://www.cdc.gov>.

SECTION 2: Close Contact/Positive Test

_____ Have you had close contact (within 6 feet of an infected person for at least 15 minutes) with a person confirmed positive in the past 10 days?

_____ Are you waiting for the results of or tested positive for COVID-19 yourself?

International & Domestic Travel

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